

Cognitive Assessments

New Directions Psychology is a team of highly qualified and experienced clinical psychologists servicing the Brisbane and Ipswich areas. Since 2011 we have been providing quality psychological services to individuals across the life span for a broad range of difficulties.

New Directions Psychology provides Cognitive Ability Assessment (or intelligence testing) for children and adolescents aged 6-16 years.

The Wechsler Intelligence Scale (WISC-V), the most widely used test for assessing a child's general intellectual ability, provides information on specific cognitive abilities including: Processing Speed, Working Memory, Fluid Reasoning (capacity to reason and solve novel problems), Visual Spatial (ability to organize visual information into meaningful information) and Verbal Comprehension.

When might a cognitive assessment be needed or beneficial?

Having a child's cognitive ability assessed may be beneficial:

- ✦ **To support the child's learning** - by understanding their specific cognitive ability profile and areas of strengths and difficulties.
- ✦ **To understand behaviour or learning impacts** - If there is concern that a child's learning or behaviour may be affected by a possible intellectual impairment.
- ✦ **If gifted** - If the child is suspected to be gifted.
- ✦ **To help diagnosis of specific learning disorders and developmental conditions** - in conjunction with multiple sources of assessment which may also be included as part of the assessment process. Please note that additional neuropsychological or other assessments may need to be completed as identified during the assessment process. From the results we can then refer you to an appropriate service to complete any further assessments if required.

Assessments are conducted by our clinical psychologists and will involve up to 3-4hrs of face-to-face interview and testing using the WISC-V and/or other assessment measures. An interpretive report will be provided, and an optional feedback session can also be conducted.